

Pack 121

Hike checklist

What to wear

- Pack Activity Shirt
- Comfortable shoes or boots
- Dress for weather conditions
 - Dress in layers
 - Gloves
 - Coat
 - Hat (stocking cap best for winter)
 - Thick pair of socks (wool best for winter)

What to bring

- Trail pack or small backpack (tagged-name/home phone #)
- Trail whistle (only for emergency)
- Compass
- Small first-aid kit
- Wet Ones / hand sanitizer
- Plenty of water (1-2 Qts.), snack
- Cell Phone (parents)

Optional (Seasonal)

- Camera/Binoculars
- Sunglasses
- Sunscreen
- Kleenex
- Small notepad and pen
- Grocery plastic bag
- Insect Repellent
- Flashlight w/ extra batteries